



## COACHING AGREEMENT

### Congratulations!

Welcome among the elite group of [Feed the Right Wolf Coaching](#) students. I am proud that I will be able to accompany you on your way to discovering the power of choice; the life you've always wanted, free from compulsive sexual behavior and pornography.

#### Session content

You, as a client, agree to the fact that the coaching sessions can be intense and transformative - our common goal is to help you achieve your dreams and experience your life in a way you have always wanted. You accept the fact that I will expect work hard between sessions from you, not just to free you from compulsive sexual behavior, but also to teach you responsibility for your decisions and undertaken commitments that will eventually lead you to achieve your life goals. If you're not ready for intensive work and a change in your life, please stop reading this document and cancel your first talk.

#### Coach Qualifications

Adrian Sztobryn is a certified life-coach who has spent hundreds of hours on his skills and development under the guidance of one of the best coaches helping sexual addicts, Craig Perra. He is a certified trainer of the conscious habit development method (mindful-habit) developed by Craig Perra, who helped hundreds of men in the US and around the world to exit the habit.

#### The length of the session and payment

The coaching sessions last 50 minutes and will be conducted by phone / Skype / chat\*. Payment must be received on the bank account before the agreed session. In the case of lack of payment, the session will not take place.

\* Delete as appropriate.

## **Arranging talks**

When you schedule a coaching session, that specific part of the day is reserved entirely for you. If you need to cancel or postpone our conversation, please do it with a minimum of 24 hours in advance. This is not only a manifestation of mutual respect necessary in a coach-student relationship, but also taking responsibility for your words and decisions.

Rescheduling the talk in less than 24 hours before the session will lead to the payment of the full rate for an appointment call.

## **Between sessions**

The student-coach relationship between sessions is very important. You have the opportunity to exchange mails with me all week, and I want you to use this opportunity as much as possible. This will help you focus on working on yourself even more and receive support in difficult times. In exceptional situations, when you feel a serious crisis approaching, you can make a 10-minute emergency appointment with me by phone. I will have the possibility to adjust my schedule to your needs only in a situation when you let me know 24 hours in advance.

## **Involvement**

Regularity is the key factor that makes coaching effective. By signing this document, you join the ranks of students, at the same time committing to carry out homework, sending them on my mail before the session and systematic work on yourself in every week of cooperation.

## **Privacy**

Personal information that you disclose during the session will not be disclosed to anyone without written consent, except in the following situations:

- There is a reasonable suspicion of sexual abuse against a child or an adult.
- You are a threat to yourself or bystanders.
- There is a high probability that you will hurt yourself if precautions are not taken.
- When required by law.

## **Resignation**

The decision to abandon the coaching should be taken after a long reflection, not under the influence of momentary emotions. It is very important that you carefully consider the reasons of giving up and present them during the last conversation, the so-called closing one. I care about improving the quality of my services, which is why it is very important for me to hear the reasons for your decision.

The coach has the right to terminate the coaching contract in a situation in which the student:

\* Delete as appropriate.

- Does not appear at prearranged sessions.
- Does not pay charges and additional charges for sessions.\*
- Does not perform or send the given homework.
- It is necessary to redirect him to another specialist.
- A situation has occurred where the coach is unable to perform his duties.

The reasons for such a decision should also be presented at the closing conversation.

### **Legal liability**

The Client hereby declares that he / she is solely responsible for all actions and decisions undertaken as a result of the coaching sessions. The customer waives any legal claims arising from the advice, suggestions and questions posed by Adriana Sztobryn, as well as actions, choices and decisions taken by the customer.

The customer is aware that participating in life coaching is not equivalent to therapy. It also should not be treated as a substitute for any form of professional advice, treatment or cure. The client signing this document understands that his responsibilities include finding a solicitor, doctor or therapist and using their services when necessary.

Customer name and surname in capital letters:

Date:

Customer signature:

Coach signature:

\* Delete as appropriate.